

# January

# BREAKFAST

COLD K-12

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		HOLIDAY 1	HOLIDAY 2	HOLIDAY 3
HOLIDAY 6	shelf stable cinnamon chex w/ honey grahams 7	COLD strawberry pancake bowl plain bagel w/ cream cheese 8	blueberry muffin cinnamon chex/ educational snacks 9	dipper doodle bar strawberry yogurt parfait 10
zee zee berry apple crisp bar multigrain cheerios w/ educational snacks 13	cinnamon crumble cinnamon chex/ educational snacks 14	french toast muffin cinnamon grahams/ string cheese 15	blueberry bagel w/ cream cheese dipper doodle bar 16	strawberry yogurt parfait multigrain cheerios/ zac attack strawberry 17
zee zee berry apple crisp bar cheerios/ zac attack apple 20	string cheese/ cinnamon grahams corn chex/ zac attack strawberry 21	plain bagel w/ cream cheese lemon muffin 22	blueberry muffin multigrain cheerios/ mini dipper doodle bar 23	yogurt granola cinnamon chex/ zac attack apple 24
cheerios/ zac attack apple bar corn chex/ educational snacks 27	zee zee cinnamon crispy bar string cheese/ cinnamon grahams 28	mini lemon muffin & string cheese cheerios/ zac attack apple bar 29	lemon muffin corn chex/ mini dipper doodle bar 30	strawberry yogurt parfait multigrain cheerios/ zac attack bar 31

Did you know?

We only serve milk that is rBST-free. That means it is from cows not treated with any hormones, ensuring your milk is only made of the good stuff like calcium, vitamin D and protein! Don't forget to grab a carton of low-fat or non-fat milk with breakfast!

revolution foods.

This institution is an equal opportunity provider. All grains offered are whole-grain rich.

Choice of 1% or fat-free milk; fresh fruit available daily except when fruit juice is offered.

Dairy-Free (DF)

Vegetarian (V)

Student Favorite ★

# January

# BREAKFAST

PSN

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		HOLIDAY 1	HOLIDAY 2	HOLIDAY 3
HOLIDAY 6	shelf stable corn chex 7	HOT breakfast burrito COLD strawberry pancake bowl 8	HOT egg, cheese brekwich blueberry muffin 9	HOT turkey, cheddar omelet gordita string cheese/ cinnamon grahams 10
cheerios 13	HOT cheese omelet w/ french toast stick cinnamon crumble 14	HOT waffles & syrup french toast muffin 15	HOT cinnamon toast bagel blueberry bagel w/ cream cheese 16	HOT cornbread & egg omelet strawberry yogurt parfait 17
cheerios 20	HOT pancakes w/ syrup string cheese/ cinnamon grahams 21	HOT sw chicken chorizo & bagel sandwich lemon muffin 22	HOT cheese omelet w/ french toast sticks cheerios 23	HOT cheddar omelet gordita yogurt granola 24
cheerios 27	HOT strawberry pancake bowl string cheese/ cinnamon grahams 28	HOT waffles w/ syrup mini lemon muffin & string cheese 29	HOT cinnamon toast bagel lemon muffin 30	HOT cornbread & omelet strawberry yogurt parfait 31

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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1 HOLIDAY	2 HOLIDAY	3 HOLIDAY
6 HOLIDAY	7 chicken gumbo cheesy beef nacho egg salad sandwich (V) (DF) <b>sliced cucumbers</b>	8 pepperoni pizza cheese pizza (V) southwest veggie wrap (V) <b>lettuce &amp; tomato w/ ranch</b>	9 cheeseburger) beef burger (DF) veggie chef salad(V) <b>pinto beans</b>	10 bfst for lunch: pancakes w/ omelet(V) hot dog (DF) turkey & cheese sandwich <b>steamed corn</b>
13 chicken taco trio pasta alfredo (V) mighty meaty deli <b>baby carrots</b>	14 mac & cheese w/ chicken sausage chicken gumbo southwest veggie wrap (V) <b>seasoned green beans</b>	15 pepperoni pizza cheese pizza(V) honey mustard chicken wrap <b>broccoli w/ ranch</b>	16 spaghetti marinara (V) spaghetti w/ meatballs (DF) veggie chef salad(V) <b>beans, edamame, corn, &amp; carrots</b>	17 cheese lasagna (V) hot dog(DF) mighty meaty deli <b>carrot, corn, &amp; peas</b>
20 chili cheese tamales (V) bbq beef flatbread sesame chicken wrap (DF) <b>glazed carrots</b>	21 pasta w/ zesty beef chicken jambalaya (DF) southwest veggie wrap (V) <b>celery sticks w/ ranch</b>	22 pepperoni pizza cheese pizza (V) garden ranch chicken salad <b>lettuce &amp; tomato</b>	23 pepper jack cheeseburger beef burger (DF) veggie taco salad (V) <b>three been salad</b>	24 bfst for lunch: pancakes w/ sausage bfst for lunch: pancake w/ omelet (V) chicken pesto pasta salad <b>steamed corn</b>
27 cheese enchiladas(V) chicken enchiladas mighty meaty deli <b>glazed carrots</b>	28 pretzel dog chicken pot-stickers cheese pizza panada pie (V) honey mustard chicken wrap <b>seasoned green beans</b>	29 pepperoni pizza cheese pizza (V) sunbutter & jelly kit (V) <b>broccoli w/ ranch</b>	30 hot meatball sub cheesy beef nacho veggie chef salad (V) <b>garbanzo, edamame, &amp; carrots</b>	31 cheese lasagna (V) crispy chicken sandwich (DF) turkey & cheese sandwich <b>carrot, corn, &amp; peas</b>

Did you know?

Revolution Foods is proud to serve fresh food made with real ingredients that are always kid-inspired, chef-crafted AND student-approved!

Learn more about us on our website at [www.revolutionfoods.com](http://www.revolutionfoods.com)



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Choice of 1% or fat-free milk; fresh fruit available daily except when fruit juice is offered.

**Vegetable of the Day**

**Dairy-Free (DF) Vegetarian (V)** options available daily – if not listed on the menu, available upon request

**Student Favorite** ★

# January



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1 HOLIDAY	2 HOLIDAY	3 HOLIDAY
6 HOLIDAY	7 Italian calzoni (V) <b>sliced cucumbers</b>	8 cheese pizza (V) <b>lettuce &amp; tomato w/ ranch</b>	9 spaghetti marinara (V) <b>tomatoes</b>	10 bfast for lunch: pancakes w/ omelet (V) <b>steamed corn</b>
13 pasta alfredo (V) <b>steamed carrots</b>	14 cheese pizza panada pie (V) <b>seasoned green beans</b>	15 cheese pizza (V) <b>broccoli w/ ranch</b>	16 spaghetti marinara (V) <b>steamed corn</b>	17 cheese lasagna (V) <b>carrot, corn, &amp; peas</b>
20 taco dippers kits (V) <b>glazed carrots</b>	21 Italian calzoni (V) <b>seasoned green beans</b>	22 cheese pizza (V) <b>lettuce &amp; tomato w/ ranch</b>	23 spaghetti marinara (V) <b>steamed corn</b>	24 bfast for lunch: pancake w/ omelet (V) <b>seasoned carrot, corn, &amp; peas</b>
27 cheese enchiladas (V) <b>glazed carrots</b>	28 cheese pizza panada pie (V) <b>seasoned green beans</b>	29 cheese pizza (V) <b>broccoli w/ ranch</b>	30 spaghetti marinara (V) <b>tomatoes</b>	31 cheese lasagna (V) <b>carrot, corn, &amp; peas</b>

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